

# National Coronavirus Guidelines for Americans

15 days to slow the spread.



## Stay home if:



**You feel sick.**  
This applies to adults and children.



**Someone in your home tested positive for the coronavirus.**  
Keep the entire household home.



**You have a serious underlying health condition.**



**You are an older person.**



**You have the ability to work from home.**

Follow the directions of your state and local authorities.

For more information, visit: [CORONAVIRUS.GOV](https://www.coronavirus.gov)